



Vasko Hockey Development

(L to R) John Quenneville - Chicago Blackhawks - NHL, Coach Alex Vasko, David Quenneville Binghamton Devils -AHL

Want to train at the highest level? Vasko Hockey Development (VHD) is taking new students.

Alex Vasko is a native to Kiev, Ukraine and represents the former Soviet Union Hockey Training School. Vasko has been selected as AYHLAII Star Game Coach from 2012 through 2014 hockey seasons, Vasko led his teams to a National Championship and in 2012 won National Championship with his Bantam Major AAA Team. Coach Vasko has coached and trained NHL player Ivan Provorov - Philadelphia Flyers (NHL Draft 2015, 1st Round, 7th Overall), Denis Smirnov - Colorado Avalanche (NHL Draft 2017, 6th Round, 156th Overall), CJ Yakimowicz - St. Louis Blues (NHL Draft 2014, 6th Round, 172nd Overall) and Nikita Pavlychev - Pittsburgh Penguins (NHL Draft 2015, 7th Round, 197th Overall) and Dmitri Zaitsev - Washington Capitals (NHL Draft 2016, 7th Round, 207th Overall). In addition to the six NHL draft picks, Coach Vasko has developed 3 players currently playing at Penn State University (Big 10).

TRAINING

Vasko Hockey Development (VHD) has trained some of the best hockey players in the world in a one -on-one setting, camp setting or clinic environement ranging in ages from mites through NHL. Trainings include:

- Power Skating & Shooting

POWER SKATING LESSONS

Vasko Hockey Development offers an elite private power skating instruction. VHD currently trains several NCAA Division 1 and Division 3 players as well as several NHL players. From the novice to the expert, VHD starts with a simple evaluation and customizes a lesson to meet the skating goals of each individual player. Small group lessons consist of 3 - 6 players and are 45 minutes in duration.

HOCKEY DEVELOPMENT LESSONS

Improve your shooting and stickhandling skills with our private, semi-private or team training instruction using RapidShot and RapidHands. Lessons are scheduled with a maximum player-to-instructor ratio of 5 to 1

Drills typically consists of an intense on ice session and office instruction using the RapaidShot. RapidShot is a patented hockey training system that automatically passess and collects hundreds of pucks an hour. RapidShot is a patented hockey training system that automatically passes and collects hundreds of pucks an hour. RapidShot is the most advanced computerized shooting system in the world that measures accuracy, shot speed and reaction time.

For more information

PRICE-\$50=45 minute lesson

Coach Alex Vasko, Nikita Pavlychev - PSU -Big 10/ Syracuse Crunch - AHL

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