



VASKO HOCKEY DEVELOPMENT

Coach Alex Vasko is a native to Kiev, Ukraine and represents the former Soviet Union Hockey Training School.

Alex started his professional playing career in Eastern Europe Hockey League in 1995. In 1999 Alex moved to the United States to continue his playing career in Gold Rush AWWHL, Sioux City Musketeers USHL and Mohawk Valley UHL. Alex also participated in NHL Rookie Camps of Boston Bruins and Tampa Bay Lightning and in ECHL, UHL Training Camps.

In 2007, Alex moved to Wilkes-Barre/Scranton area to begin his coaching career as a Head Coach with WBS Jr. Knights Youth Hockey Club. For five years in a row Alex has been selected as AYHL All Star Game Coach. From 2012 through 2014 hockey seasons, Alex led his teams to a National Championship and in 2012 won National Championship with his Bantam Major AAA Team.

Coach Vasko has coached and trained NHL player Ivan Provorov - Philadelphia Flyers (NHL Draft 2015, 1st Round, 7th Overall), Denis Smirnov - Colorado Avalanche (NHL Draft 2017, 6th Round, 156th Overall), CJ Yakimowicz - St. Louis Blues (NHL Draft 2014, 6th Round, 172nd Overall), Nikita Pavlychev - Pittsburgh Penguins (NHL Draft 2015, 7th Round, 197th Overall) and Dmitri Zaitsev - Washington Capitals (NHL Draft 2016, 7th Round, 207th Overall).

In addition to the six NHL draft picks, Coach Vasko has developed twelve players in the past eight years that are currently committed by the Big 10 and other Division 1 Colleges.

For more information



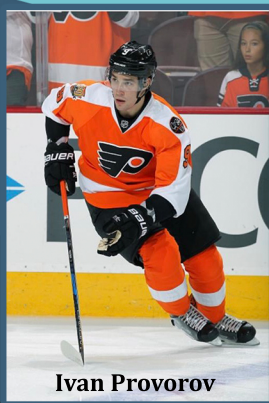
Revolution Ice Centre
12 Old Boston Road
Pittston, PA 18640



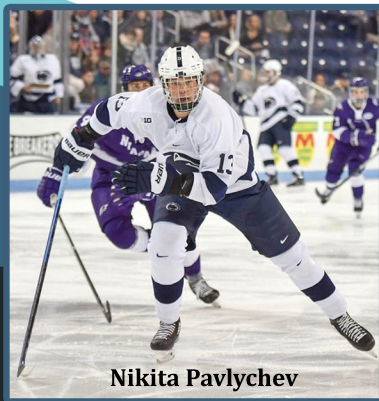
570-883-1100



info@revolutionicecentre.com



Ivan Provorov



Nikita Pavlychev



Denis Smirnov

Vasko Hockey Development (VHD)

Throughout the years of his professional career as a hockey player and a Tier 1 youth ice hockey coach, Coach Vasko has developed his unique training approach that has proven to help players of all ages to excel in all skill areas and develop into overall stronger and smarter players. Vasko Hockey Development (VHD) is a methodology that is intended to introduce players to a new skill in a step by step approach, building one skill at a time increasing in complexity and intensity. The VHD approach is highly effective because it teaches a wide spectrum of advanced level techniques for complete player development and applications of new skills in real game situations. VHD specializes in:

- ✓ Power Skating:
- ✓ Stick Handling and Puck Control Techniques
- ✓ Shooting
- ✓ Scoring
- ✓ RapidShot Training

VHD Lessons Format

From the novice to the expert, VHD starts with a simple evaluation and customizes a lesson to meet the skating goals of each individual player. Standard private lessons are 45 minutes in duration. Semi-private or small group lessons with up to 5 skaters of the same age and skill level for 45 minutes are also available.

Improve your skating, shooting and stickhandling skills with our private, semi-private or team training instruction!

- Lessons are scheduled with a maximum player-to-instructor ratio of 5:1.
- Players are grouped together based on their age and skill level.
- Drills typically consist of an intense on ice session and off ice instruction using the RapaidShot.

COST

Training sessions

for **forty-five** minute session

\$50 for small group training (2-5 players)

\$100 for one-on-one lessons

contact Coach Vasko @ alexvasko@yahoo.com

Days
Tuesday, Thursday and Friday

Times
3:30PM to 5:15PM

For more information



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